

CURRICULUM VITAE

1. NAME	: DR. BIJENDRA KUMAR BHARDWAJ		
2.A FATHER'S NAME	: LATE EX CAPT. SURESH PRASHAD		
2.B HUSBAND NAME (IF APPLICABLE)	: N.A		
3. MOTHER'S NAME	: LATE MRS. SUNAHARI DEVI		
4. INSTITUTION WHERE EMPLOYED	: BAISWARA P.G. COLLEGE, LALGANJ, RAIBARELI (U.P), INDIA		
5. CURRENT DESIGNATION	: ASSOCIATE PROFESSOR	GRADE PAY	: 9000
6. DATE OF BIRTH	: 27-09-1972	PLACE OF BIRTH	: AGRA
7. CATEGORY	: GENERAL (UNRESERVED)	SUB - CATEGORY	: NONE
8. GENDER	: MALE	MARITAL STATUS	: MARRIED
NATIONALITY	: INDIAN		
9. ADDRESS FOR CORRESPONDENCE	: PLOT NO.5 SHYAM NAGAR, NEAR SAHU AGENCIES RAIBARELI ROAD, LUCKNOW-226029		
10. PERMANENT ADDRESS	: PLOT NO.5 SHYAM NAGAR, NEAR SAHU AGENCIES RAIBARELI ROAD, LUCKNOW-226029		
11. PHONE	: 9415513101		
12. EMAIL	: BOSSBHARDWAJ@GMAIL.COM		



13. ACADEMIC QUALIFICATION: M.P.ED & Ph. D.

14. RESEARCH DEGREE(S) OBTAINED :

S.NO.	DEGREE	UNIVERSITY	DATE OF AWARD	TITLE	ENCLOSURE NO.
1.	PH.D.	LUCKNOW UNIVERSITY	27/12/2002	A STUDY OF INFRASTRUCTURE FACILITIES PERTAINING TO SPORTS AND GAMES IN RELATION TO INSTITUTIONAL PER	11

15. APPOINTMENTS HELD :

S.NO.	DESIGNATION	NAME OF EMPLOYER	INSTITUTION	PAY SCALE WITH GRADE PAY	DATE OF JOINING	DATE OF RELIEVING	REASON OF LEAVING	ENCLOSURE NO.
1.	LECTURER	J.N.P.G COLLEGE (KKC) LUCKNOW	K.K.C	FIX PAY10000	01/09/1995	28/11/2006	SELECTION IN U.P. HIGHER EDUCATION	-
2.	ASSISTANT PROFESSOR (STAGE 1)	BAISWARA P.G. COLLEGE LALGANJ RAIBARELI U.P	BAISWARA P.G. COLLEGE	15600-39100 AGP-6000	29/11/2006	28/11/2010	PROMOTION TO STAGE 2	3
3.	ASSISTANT PROFESSOR (STAGE 2)	BAISWARA P.G. COLLEGE LALGANJ RAIBARELI U.P	BAISWARA P.G. COLLEGE	15600-39100 AGP- 7000	29/11/2010	28/11/2015	PROMOTION TO STAGE 3	4
4.	ASSISTANT PROFESSOR (STAGE 3)	BAISWARA P.G. COLLEGE LALGANJ RAIBARELI U.P	BAISWARA P.G. COLLEGE	15600-39100 AGP- 8000	29/11/2015	28/11/2018	PROMOTION TO STAGE 4	5
5.	ASSOCIATE PROFESSOR	BAISWARA P.G. COLLEGE LALGANJ RAIBARELI U.P	BAISWARA P.G. COLLEGE	37400-67000 AGP- 9000	29/11/2018	TILL DATE	-	-

16. TEACHING EXPERIENCE ON THE DATE OF ADVERTISEMENT NO. 49 :

S.NO.	INSTITUTE	P.G. YEARS	P.G. MONTHS	U.G. YEARS	U.G. MONTHS
1.	KKC	-	-	11	2
2.	BAISWARA P.G. COLLEGE LALGANJ RAIBARELI U.P	-	-	12	6

17. RESEARCH EXPERIENCE EXCLUDING YEARS SPENT IN M.PHILL/PH.D (IN YEARS) : 23 YEARS 8 MONTHS 18. FIELD OF SPECIALIZATION UNDER THE SUBJECT/DISCIPLINE/OTHER RESEARCH EXPERIENCE :

S.NO.	DESCRIPTION
1.	LIFE SKILLS DEVELOPMENT
2.	YOGA,BASKET BALL, TABLE TENNIS,ORGANIZATION OF DIFFERENT GAMES AND SPORTS, RESEARCH METHODOLOGY
3.	PUNBLISHING BOOKS OF PHYSICAL EDUCATION FOR C.B.S.E

19. WORKSHOP/ORIENTATION/REFRESHER COURSE ATTENDED :

S.NO.	NAME OF COURSE	INSTITUTION	FROM	TO	PERFORMANCE	SPONSORING AGENCY
1.	ORIENTATION	LUCKNOW UNIVERSITY	02/08/2010	30/08/2010	A	UGC
2.	REFRESHER COURSE	LAKSHMIBAI NATIONAL UNIVERSITY	20/09/12	10/10/2012	A	UGC
3.	REFRESHER COURSE	LAKSHMIBAI NATIONAL UNIVERSITY	06/01/2015	26/01/2015	A	UGC
4.	REFRESHER COURSE	LUCKNOW UNIVERSITY	05/09/2018	27/09/2018	A	UGC
5.	WORKSHOP	ALIGHARH UNIVERSITY	22/09/2010	23/09/2010	-	AMU ALIGHARH U.P
6.	WORKSHOP	BABASAHEB BHIMRAO AMBEDKAR UNIVERSITY	22/08/2016	28/08/2016	-	BBA UNIVERSITY LUCKNOW (CENTRAL UNIVERSITY)
7.	SHORT TERM COURSE	RAJIV GANDHI NATIONAL INSTITUTE OF YOUTH DEVELOPMENT	25/07/2016	31/07/2016	-	RGNIYD
8.	SHORT TERM COURSE	EMPANELLED TRAINING INSTITUTE (NSS)	08/08/2016	14/08/2016	-	MINISTRY OF YOUTH AFFSAIRS AND SPORTS
9.	SHORT TERM COURSE	LUCKNOW UNIVERSITY	07/10/2017	13/10/2017	-	UGC

3.1 RESEARCH PAPERS PUBLISHED IN JOURNALS

S.N	TITLE OF THE PAPER WITH PAGE NOS.	NAME OF JOURNAL	ISSN/ISBN NO.	JOURNAL		WHETHER PEER REVIEWED IMPACT FACTOR, IF ANY	NO. OF COAUTHORS	WHETHER YOU ARE MAIN AUTHOR	ENCL. NO.	SELF ASSESSMENT SCORE	VERIFIED API SCORE FOR OFFICIAL USE
				UGC APPROVED	OTHER						
1	RELATIONSHIP OF THE SELECTED ANGULAR KINEMATICS VARIABLES WITH TE PERFORMANCE OF VOLLEYBALL PLAYERS IN FLOAT SERVE.	INTERNATIONAL RESEARCH AND REVIEWS JOURNAL	22307540	YES	-	1.6	0	YES	29	10	
2	BY THE EFFECT OF SURYA NAMASKAR SPORT PERSON CAN DEVELOP MORE PERFORMANCE IN THEIR GAMES AND INCREASE BODY FITNES COMPONENTS LIKE SPEED, ENDURANCE, FLEXIBILITY AND STRENGTH	INTERNATINAL JOURNAL	22313745	YES	-	1.8	0	YES	30	10	
3	ANALYSIS OF BODY HEAT AND PERSPIRATION OF KHO-KHO PLAYER BEFORE AND AFTER THE MATCH	INDIAN STREAMS RESEARCH JOURNAL	22307850	YES	-	4.1	0	YES	31	15	
4	IMPORTANCE OF SPORTS MEDICINE TO CURE SPORTSINJURY	INTERNATIONAL JOURNAL	22313745	YES	-	1.8	0	YES	32	10	
5	PHYSICAL EDUCATION, INFRASTRUCTURE OF SPORTS, SPORTS MEDICINE, YOGA AND HEALTH AS DEVELOPMENTAL PARAPHERNAMIAL IN MODERN INDIA	INTERNATIONAL JOURNAL	22313745	YES	-	1.8	0	YES	33	10	
6	ANALYSIS ON BALANCED DIET FOR SPORTS PERSON	JOURNAL OF ADVANCE SCHOLARLY RESEARCHES IN ALLIED EDUCATION	22307540	YES	-	1.6	0	YES	34	10	
7	A COMPARATIVE ANALYSIS OF ANTHROPOMETRIC CHARACTERISTICS BETWEEN BASKETBALL AND HANDBALL PLAYERS	INTERNATIONAL JOURNAL	22777547	YES	-	4.3	2	YES	35	15	
8	YOGA: AN EFFECTIVE THERAPY TO BRONCHIAL ASTHMA	JOURNAL OF ADVANCE SCHOLARLY RESEARCHES IN ALLIED EDUCATION	22307540	YES	-	1.6	0	YES	36	10	
9	INDIAN BASKETBALL ITS TRANSFORMATION TOWARDS PROFESSIONALISM	JOURNAL OF ADVANCE SCHOLARLY RESEARCHES IN ALLIED EDUCATION	22307540	YES	-	1.6	0	YES	37	10	

10	SPORT IMAGINARY AMONG BASKETBALL PLAYERS: ANALYSIS IN INDIAN PERCEPTIVE	JOURNAL OF ADVANCE SCHOLARLY RESEARCHES IN ALLIED EDUCATION	22307540	YES	-	1.6	0	YES	38	10	
11	COMPARABLE STUDY OF CONCENTRATION ABILITY AND PERFORMANCE OF BASKETBALL AND VOLLEYBALL PLAYER	ANBHC SANCH, AN INTERNATIONAL REFERRED RESEARCH JOURNAL VOL. 12 OCTOBER 2015	-	YES	-	1.9	0	YES	39	10	
TOTAL SCORE FOR 3.1 : 120											

3.2 RESEARCH PUBLICATIONS(BOOKS, CHAPTER IN BOOKS OTHER THAN REFEREED JOURNAL ARTICLES)

3.2.1 TEXT/REFERENCE/SUBJECT BOOKS PUBLISHED

S.N	TITLE AND TOTAL NO. OF PAGES IN THE BOOK	YEAR OF PUBLICATION AND EDITION	PUBLISHER AND ISSS/ISBN NO.	PUBLISHER LEVEL(INTERNATIONAL/NATIONAL/OTHERS)	NO. OF COAUTHORS	WHETHER YOU ARE MAIN AUTHOR	ENCL. NO.	SELF ASSESSMENT SCORE	VERIFIED API SCORE FOR OFFICIAL USE
1.	TEXT BOOK OF PHYSICAL EDUCATION C.B.S.E	2017-12-02	MIND SETTER PUBLICATION	NATIONAL	2	YES	14	15	
2.	PHYSICAL EDUCATION AND SPORTS MANUAL C.B.S.E	2017-12-02	MIND SETTER PUBLICATION	NATIONAL	2	YES	14	15	
3.	TEXT BOOK OF PHYSICAL EDUCATION C.B.S.E	2017-12-02	MIND SETTER PUBLICATION	NATIONAL	2	YES	14	15	
4.	PHYSICAL EDUCATION AND SPORTS MANUAL C.B.S.E	2017-12-02	MIND SETTER PUBLICATION	NATIONAL	2	YES	14	15	
5.	MAINSTREAMING HEALTH AND PHYSICAL EDUCATION C.B.S.E	2017-12-02	MIND SETTER PUBLICATION	NATIONAL	2	YES	14	15	
6.	HEALTH AND PHYSICAL EDUCATION C.B.S.E	2017-12-02	MIND SETTER PUBLICATION	NATIONAL	2	YES	14	15	
TOTAL SCORE FOR 3.2.1 : 90									

3.2.2 ARTICLES/CHAPTERS PUBLISHED IN BOOKS

S.N	TITLE WITH PAGE NO.	BOOK TITLE, EDITOR AND PUBLISHER	ISSN/ISBN NO.	PUBLISHER LEVEL(INTERNATIONAL/NATIONAL/OTHERS)	NO. OF COAUTHORS	WHETHER YOU ARE MAIN AUTHOR	ENCL. NO.	SELF ASSESSMENT SCORE	VERIFIED API SCORE FOR OFFICIAL USE
1.	NUTRITION AND YOGA (PG. 140-143)	YOGA FOR HOLISTIC HEALTH, EXCEL INDIA PUBLICATION	9789385777943	NATIONAL	2	YES	40	05	
TOTAL SCORE FOR 3.2.2 : 5									

TOTAL SCORE FOR 3.2(3.2.1 + 3.2.2) : 95

3.3 RESEARCH PROJECT

3.3.1 SPONSORED RESEARCH PROJECTS

ONGOING/COMPLETED

S.N	TITLE	FUNDING AGENCY	MINOR OR MAJOR	PERIOD	GRANT/AMOUNT MOBILIZED(RS.LAKH)	ENCL. NO.	SELF ASSESSMENT SCORE	VERIFIED API SCORE FOR OFFICIAL USE
1	NA	NA	NA	NA	NA	NA	NA	
TOTAL SCORE FOR 3.3.1 : 0								

3.5 FELLOWSHIPS, AWARDS AND INVITED LECTURES
DELIVERED IN CONFERENCES/SEMINARS

3.5.1 FELLOWSHIPS/AWARDS

S.N	DETAILS OF FELLOWSHIP AWARD	INTERNATIONAL/NATIONAL STATE/UNIVERSITY LEVEL	NAME OF ACADEMIC BODY/ASSOCIATION	ENCL. NO.	SELF ASSESSMENT SCORE	VERIFIED API SCORE FOR OFFICIAL USE
1.	NA	NA	NA	NA	NA	
TOTAL SCORE FOR 3.5.1 : 0						

3.5.2 (I) PAPERS PRESENTED IN CONFERENCE / SEMINARS /
WORKSHOPS/ SYMPOSIA ETC.

	ALL 1.25 BILLIONS INDIAN	CAMPAIGN 2014	05/01/2016	SCIENCE, GOVT. GIRLS PG COLLEGE FATHEPUR (U.P)				
2.	VIOLENCE AGAINST WOMEN: CAUSES & CONSEQUENCES	NATIONAL SEMINAR ON GENDER VIOLENCE IN INDIA EMERGING PERSPECTIVES AND ISSUE.	20/09/2015 TO 21/09/2015	DEPTT. OF SOCIOLOGY GOVT. GIRLS PG COLLEGE FATHEPUR (U.P)	NATIONAL	43	8	
3.	SMALL FARMERS IN INDIAN CHALLENGES AND OPPORTUNITIES	NATIONAL SEMINAR, INCLUSIVE AND SUSTAINABLE GROWTH IN INDIA CHALLENGES AND OPPORTUNITIES	25/02/2014 TO 26/02/2014	GOVT. GIRLS PG COLLEGE FATHEPUR (U.P)	NATIONAL	44	8	
4.	SCOPE OF PHYSICAL EDUCATION	NATIONAL CONFERENCE ON INTER-DISCIPLINARY APPROACHES IN PHYSICAL EDUCATION & SPORTS	18/10/2013 TO 19/10/2013	RG BAGDAI ARTS, SB LAKHOTIA COMMERCE & R. BEZONJI SCIENCE COLLEGE, JALAN	NATIONAL	45	8	
5.	SEMESTER SYSTEM IS NEED OF PHYSICAL EDUCATION	NATIONAL SEMINAR ON SEMESTER SYSTEM IN HIGHER EDUCATION.	20/09/2012	LAKSHMIBAI NATIONAL UNION OF PHYSICAL EDUCATION, GWALIOR	NATIONAL	46	8	
6.	YOGA EXERCISE FOR PREGNANT WOMAN	ROLE OF PHYSICAL EDUCATION AND YOGA FOR THE WELFARE OF SOCIETY	15/04/2012 TO 16/04/2012	MAHARASHTRA MAHAVIDYALAYA NILANGA, LATUR	NATIONAL	47	8	

S.N	TITLE OF THE PAPER PRESENTED	FOCAL THEME OF CONFERENCE/SEMINAR	DURATION	ORGANISED BY	INTERNATIONAL/NATIONAL STATE/UNIVERSITY LEVEL	ENCL. NO.	SELF ASSESSMENT SCORE	VERIFIED API SCORE FOR OFFICIAL USE
1.	CLEAN INDIA IS RESPONSIBILITY FOR ALL	NATIONAL SEMINAR ON SWACHH BHARAT	04/01/2016 TO	DEPTT. OF POLITICAL	NATIONAL	42	8	

7.	CHALLENGES AND PROSPECTS IN HIGHER EDUCATION IN INDIAN	NATIONAL SEMINAR ON HIGHER EDUCATION: ISSUES, CHALLENGES	11/09/2016	MUMTAZ P.G COLLEGE	NATIONAL	48	8	
8.	TO DEVELOP MORE INITIATIVE INCREASE THE PRESENCE OF WOMEN IN SPORTS	NATIONAL CONFERENCE OF WOMEN IN SPORTS	29/01/2010 TO 30/01/2010	GOVT. D.B GIRLS PG COLLEGE	NATIONAL	49	8	
9.	PRINCIPLE OF BIOMECHANICS: ESSENTIAL FOR IMPROVEMENT IN SPORTS PERFORMANCE	NATIONAL SEMINAR ON SCIENTIFIC INNOVATIONS IN SPORTS	13/02/2010 TO 14/02/2010	ALIGARH MUSLIM UNIVERSITY	NATIONAL	50	8	
10.	PREPARATION FOR THE PHYSICAL EDUCATION TEACHER	NATIONAL SEMINAR ON SOME SPECIFIC ISSUES AND CONCERNS	11/12/2004	J.N.P.G. COLLEGE, LUCKNOW	NATIONAL	51	8	
11.	BIOMECHANICS: APPLICATIONS IN GAMES & SPORTS	NATIONAL SEMINAR ON SPORTS SCIENCES	27/02/2000 TO 28/02/2000	ALIGARH MUSLIM UNIVERSITY	NATIONAL	52	8	
TOTAL SCORE FOR 3.5.2 (I) : 88								

3.5.2 (II) INVITED LECTURES AND CHAIRMANSHIPS AT NATIONAL OR INTERNATIONAL CONFERENCE/SEMINARS ETC

S.N	TITLE OF LECTURE/CHAIRMANSHIP ACADEMIC SESSION	FOCAL THEME OF CONFERENCE/SEMINAR	DURATION AND ORGANIZING BODY	INTERNATIONAL/NATIONAL STATE/UNIVERSITY LEVEL	ENCL NO.	SELF ASSESSMENT SCORE	VERIFIED API SCORE FOR OFFICIAL USE
1.	KEYNOTE SPEAKER	NATIONAL CONFERENCE ON YOGA FOR HOLISTIC HEALTH	29/08/2016 B.B.A.U, LUCKNOW	NATIONAL	52	8	
2.	RESOURCE PERSON	NATIONAL SEMINAR ON EMPOWERMENT OF INDIA THROUGH PHYSICAL EDUCATION	22/10/2016 TO 23/10/2016, LUCKNOW UNIVERSITY	NATIONAL	53	8	
3.	RESOURCE PERSON	NATIONAL CONFERENCE ON BASIC OF EDUCATION, SPORT AND MANAGEMENT	23/09/2016 TO 25/09/2016, CANE GROWERS NEHRU PG COLLRGR GOLA	NATIONAL	54	8	
4.	DELEGATE	INTERNATIONAL CONFERENCE ON PHYSICAL EDUCATION	19/08/2017 TO 20/08/2017 OSMANIA UNIVERSITY, HYDERABAD T.S INDIA	INTERNATIONAL	55	12	
5.	CHAIRPERSON	NATIONAL SEMINAR ON EMERGING TREND	30/08/2017 SHRI JAI NARAIN PG COLLEGE, LUCKNOW	NATIONAL	56	8	
6.	CHAIRMANSHIP	NATIONAL SEMINAR ON VALUE BASED INNOVATION RESEARCH METHODS IN PHYSICAL EDUCATION	18/01/3018 D.A.V.P.G COLLEGE, LUCKNOW	NATIONAL	57	8	
7.	DELEGATE	NATIONAL CONFERENCE ON ROLE OF PHYCOLOGY IN SPORTS	28/01/2017 RAJASHI SHAHU ARTS, COMMERCE & SCIENCE, AURANGABAD		58	8	

TOTAL SCORE FOR 3.5.2 (I+II) = 148 (MAX SCORE FOR 3.5.2(I+II) = 71) THE SCORE UNDER SUB CATEGORY 3.5.2 SHALL BE RESTRICTED TO 20% OF THE MINIMUM SCORE 355 FIXED FOR CATEGORY III : 71

3.5.3 DEVELOPMENT OF E-LEARNING DELIVERY
PROCESS/MATERIAL

S.N	TITLE OF THE PROCESS/MATERIAL	INSTITUTION/AGENCY FOR WHICH IT IS PREPARED	ENCL NO.	SELF ASSESSMENT SCORE	VERIFIED API SCORE FOR OFFICIAL USE
1.	BEST ENTERTAINING EXERCISES FOR KIDS	TO DEVELOP INTEREST OF KIDS IN TEAM SPRITE & OUTDOOR GAMES	-	10	
2.	INTRODUCTION TO PHYSICAL EDUCATION	TO DEVELOP INTEREST IN PHYSICAL EDUCATION	-	10	
TOTAL SCORE FOR 3.5.3 : 20					

SIGNATURE OF APPLICANT



DR. BIJENDRA KUMAR BHARDWAJ